#### i. State academic standards addressed in an online course.

There are no Michigan State Standards for Self-Management (SCED 22207). Non-credit bearing course.

### ii. The online course content outline.

- a. Nutrition
- b. Food Safety and Storage
- c. Personal Grooming
- d. Health Care
- e. Household Cleaning Info
- f. Laundry
- g. Basic First Aid
- h. Household Emergencies
- i. Money Management (checkbook, budget, etc)
- j. Citizenship (voting and selective service)
- k. Correspondence
- I. Accessing Community Resources
- m. Making Appointments
- n. Transportation
- o. Free Time Activities
- p. Acts Appropriately in Public

## iii. The online course required assessments.

Students will be assessed on the individual unit learning tasks and tests.

### iv. The online course prerequisites.

The student must have an Individualized Education Plan and receiving services from the Special Education Teacher.

# v. Expectations for actual instructor contact time with the online learning pupil and other pupil-to-instructor communications.

Students will be expected to answer discussion questions posed by the instructor and respond to others in the class.

### vi. Academic support available to the online learning pupil.

Students can come into Northwest Academy and meet one on one with the instructor.

Students may call Northwest Academy and talk with the instructor.

Students may email the instructor through the E360 mail system.

## vii. The online course learning outcomes and objectives.

Home Living

1. The student will learn how to take care of basic household emergencies, basic first aid, plan a balanced diet, food safety and storage, grocery shopping, general household cleaning, basic money management, write correspondence and basic citizenship activities.

**Community Participation** 

## 22207 Self-Management Online Syllabus

2. The student will learn how to make appointments, access community resources and transportation.

Recreation and Leisure

- 3. The student will choose and identify free time activities and how to act in public.
- viii. The name of the institution or organization providing the online content.

  Northwest Academy, 115 W. Hurlbut St., Charlevoix, MI 49720 Phone: 231-547-9000
- ix. The name of the institution or organization providing the online instructor.

Northwest Academy, 115 W. Hurlbut St., Charlevoix, MI 49720 Phone: 231-547-9000

x. The course titles assigned by the district or intermediate district and the course titles and course codes from the national center for education statistics (NCES) school codes for the exchange of data (SCED).

22207 Self-Management

xi. The number of eligible nonresident pupils that will be accepted by the district or intermediate district in the online course.

Students must live in Charlevoix County or in one of the following boarder counties: Emmet, Cheboygan, Otesgo, or Antrim. Class will be considered full at 20 students.

xii. The results of the online course quality review using the guidelines and model review process published by the Michigan Virtual University.